Blockchain Driven Cold Chain Logistics and Decentralized Inventory Systems for Managing Post-Harvest Losses and Improving Financial Sustainability in Regional Food Hubs

Ezeh Nwakaego Vera¹; Batur Sehemba David²; Oluhaiyero Shade Yemisi³; Kehinde Abiodun⁴; Chukwunweike C. Nwobi⁵; Ali Ojoma Esther⁶; Igba Emmanuel⁷

 ¹ Department of business administration, International American University, Los Angeles, California
 ² Department of Educational Development, SEDA Academic Alliance, Abuja, Nigeria.
 ³ Department of Finance and Operating Leasing, Lombard Invoice and Asset Finance, Natwest Group Plc, Rotherham, United Kingdom
 ⁴ Darden School of Business, University of Virginia, Virginia, United States

⁵ D'amore McKim School of Business, Northeastern University, Boston, United States

⁶ Data Management Office, Financial Market Department, Economic Policy Directorate, Central Bank of Nigeria, Nigeria

⁷ Department of Human Resource, Secretary to the Commission, National Broadcasting Commission Headquarters, Aso-Villa, Abuja, Nigeria

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Abstract

The increasing demand for sustainable food systems has highlighted the critical need to reduce post-harvest losses and improve financial sustainability in regional food hubs. This review explores the transformative potential of blockchain-driven cold chain logistics and decentralized inventory systems in addressing these challenges. Blockchain technology, with its immutable ledger and real-time tracking capabilities, offers enhanced transparency, traceability, and accountability across the cold chain, ensuring the integrity of perishable goods from farm to consumer. By integrating decentralized inventory systems, food hubs can optimize storage and distribution, mitigate inefficiencies, and reduce waste through data-driven decision-making. The review examines case studies, technological frameworks, and industry best practices to demonstrate how blockchain solutions can revolutionize supply chain management, empower small-scale farmers, and strengthen food security. Additionally, it addresses key barriers such as technological adoption, regulatory complexities, and infrastructure limitations while proposing strategies to overcome these challenges. By bridging the gap between technology and sustainable food logistics, this paper underscores the role of blockchain in fostering resilient, equitable, and financially viable food systems in regional markets.

Keywords: Blockchain Technology, Cold Chain Logistics, Decentralized Inventory Systems, Post-Harvest Losses, Supply Chain Transparency, Financial Sustainability.

I. INTRODUCTION

Overview of Post-Harvest Losses and their Impact on Regional Food Hubs

Post-harvest losses (PHLs) represent a significant challenge in agricultural supply chains, particularly within

regional food hubs. These losses encompass the reduction in both quantity and quality of agricultural produce from the point of harvest until it reaches the consumer, resulting in decreased market value and nutritional quality (Mrema & Rolle, 2002). Factors contributing to PHLs include improper harvesting techniques, inadequate storage

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facilities, inefficient transportation, and suboptimal handling practices (Kader, 2005).

In the context of regional food hubs, which serve as intermediaries connecting local producers to consumers, PHLs can undermine the hubs' operational efficiency and financial viability. Elevated loss rates diminish the volume of marketable produce, leading to reduced sales revenue and profitability. Additionally, the degradation of produce quality can erode consumer trust and demand, further impacting the economic sustainability of these hubs (Mrema & Rolle, 2002).

Beyond economic implications, PHLs in regional food hubs have broader environmental and social consequences. The wastage of food entails the unnecessary utilization of resources such as water, land, and energy, thereby exacerbating environmental degradation. Moreover, in regions grappling with food insecurity, PHLs represent a missed opportunity to enhance food availability and alleviate hunger (Kader, 2005).

Addressing PHLs necessitates a comprehensive approach that encompasses the adoption of improved postharvest handling practices, investment in appropriate storage and transportation infrastructure, and the implementation of technologies that enhance supply chain transparency and efficiency. By mitigating PHLs, regional food hubs can bolster their financial sustainability, contribute to environmental conservation, and play a pivotal role in strengthening local food systems.

The Role of Sustainable Food Systems in Addressing these Challenges

Sustainable food systems are integral to mitigating post-harvest losses (PHLs) and enhancing the financial viability of regional food hubs. By emphasizing local production, efficient resource utilization, and equitable distribution, these systems aim to create a resilient agricultural framework that addresses the multifaceted challenges associated with PHLs. (Igba et al., 2024)

A key component of sustainable food systems is the establishment of regional food hubs, which serve as centralized facilities for the aggregation, storage, processing, distribution, and marketing of locally produced food products. These hubs facilitate access to new markets for small and mid-sized farmers, thereby promoting local economies and reducing the distance food travels from farm to table. By shortening supply chains, regional food hubs minimize the time between harvest and consumption, thereby reducing the risk of spoilage and quality degradation (Barham et al., 2012).

Moreover, sustainable food systems advocate for the adoption of best practices in post-harvest handling, such as proper storage techniques and temperature control, to maintain the quality and safety of food products. Implementing these practices within regional food hubs can significantly reduce PHLs, ensuring that a higher proportion of harvested produce reaches consumers in optimal condition (Clark et al., 2019). Inaddition to technical interventions, sustainable food systems promote community engagement and education to raise awareness about the importance of reducing food waste. By fostering a culture of sustainability, regional food hubs can encourage consumers and producers alike to adopt behaviors that contribute to the overall reduction of PHLs.

Furthermore, sustainable food systems emphasize the importance of policy support and investment in infrastructure to address systemic issues contributing to PHLs. Advocacy for policies that support local agriculture, fund research into post-harvest technologies, and provide financial assistance to small-scale farmers can create an enabling environment for regional food hubs to thrive and effectively reduce PHLs (Barham et al., 2012).

By integrating these strategies, sustainable food systems offer a comprehensive approach to addressing the challenges of post-harvest losses, thereby enhancing the economic sustainability of regional food hubs and contributing to broader goals of food security and environmental stewardship.

> Objectives and Significance of the Review Paper

The primary objective of this review paper is to explore the transformative potential of blockchain-driven cold chain logistics and decentralized inventory systems in mitigating post-harvest losses (PHLs) and improving the financial sustainability of regional food hubs. Through a comprehensive analysis, this paper aims to identify the key challenges faced by regional food hubs in the management of perishable goods and propose how emerging technologies can offer scalable solutions. By investigating the application of blockchain technology in enhancing transparency, traceability, and accountability across the cold chain, this review provides insights into how these innovations can optimize logistics, reduce inefficiencies, and enhance decision-making processes within food hubs. (Igba et al., 2024)

Additionally, the paper seeks to understand how decentralized inventory systems can complement blockchain by providing real-time, data-driven management of inventory, storage, and distribution systems. The integration of these two technologies is expected to improve the operational efficiency of food hubs and reduce the financial impact of PHLs, particularly in small-scale, regional markets where resources for advanced technology adoption may be limited.

The significance of this review lies in its potential to contribute to the ongoing discourse on sustainable food systems and their role in addressing global food security challenges. By examining case studies and industry best practices, the paper will demonstrate how these technologies can empower small-scale farmers, strengthen food security, and promote local economic growth. Furthermore, the review will highlight the barriers to the adoption of blockchain and decentralized systems, providing policy recommendations and strategies to overcome these challenges, which will be crucial for stakeholders seeking to implement these solutions. (Enyejo et al., 2024)

Ultimately, the review paper aims to bridge the gap between cutting-edge technological innovations and practical applications within the food supply chain, offering a roadmap for enhancing the sustainability, efficiency, and financial viability of regional food hubs.

Key Questions: How Can Blockchain and Decentralized Systems Address These Issues?

The integration of blockchain technology and decentralized systems presents promising solutions to the challenges of post-harvest losses (PHLs) and the financial sustainability of regional food hubs. Blockchain's immutable ledger and real-time tracking capabilities can enhance transparency and traceability throughout the cold chain, ensuring the integrity of perishable goods from farm to consumer. By providing a transparent record of each transaction and movement, stakeholders can monitor conditions and locations of goods in transit, thereby reducing inefficiencies and potential losses (Mao et al., 2022).

Decentralized inventory systems, when integrated with blockchain, can optimize storage and distribution processes. These systems enable real-time data sharing among stakeholders, facilitating informed decisionmaking and reducing waste through efficient resource allocation. The combination of blockchain and decentralized systems can address issues such as information asymmetry and lack of coordination among stakeholders, which are common contributors to PHLs (Mao et al., 2022).

Furthermore, the adoption of these technologies can empower small-scale farmers by providing them with access to transparent markets and fair pricing, thereby improving their financial sustainability. By ensuring that all participants in the supply chain have access to accurate and timely information, blockchain and decentralized systems can foster trust and collaboration, leading to more resilient and efficient food hubs (Mao et al., 2022).

In summary, the application of blockchain and decentralized systems offers a comprehensive approach to mitigating PHLs and enhancing the financial viability of regional food hubs. Through improved transparency, realtime data sharing, and empowerment of stakeholders, these technologies can transform food supply chains into more sustainable and efficient systems. (Igba et al., 2024)

Structure of the Paper

The structure of the paper "Blockchain-Driven Cold Chain Logistics and Decentralized Inventory Systems for Managing Post-Harvest Losses and Improving Financial Sustainability in Regional Food Hubs" is organized into several key sections to provide a comprehensive analysis. It begins with an introduction that outlines the significance of post-harvest losses, the need for sustainable food systems, and the transformative role of blockchain technology. This is followed by a literature review that examines existing studies on cold chain logistics, decentralized inventory management, and blockchain applications in supply chains. The methodology section details the research approach, including case study analyses and data collection methods. The discussion of findings is presented through thematic sections, covering topics such as the benefits of blockchain in cold chain logistics, successful case studies, integration of blockchain for enhanced data sharing and decision-making, and strategies for reducing post-harvest losses and improving supply chain efficiency. Additionally, the paper addresses regulatory and policy complexities, explores infrastructure limitations in regional and rural markets, and emphasizes the importance of capacity-building and stakeholder training. paper concludes The with policy recommendations for regulatory alignment and highlights the potential role of blockchain in achieving sustainable food systems globally, ensuring a holistic view of the subject matter.

II. BLOCKCHAIN TECHNOLOGY IN COLD CHAIN LOGISTICS

Fundamentals of Blockchain Technology (Immutable Ledgers, Smart Contracts, Real-Time Tracking)

Blockchain technology is a decentralized digital ledger system that records transactions across a network of computers, ensuring data integrity and transparency. Each "block" contains a set of transactions, and these blocks are linked in a chronological "chain," making it virtually impossible to alter any single block without consensus from the network. (Mao, et al., 2022)

One of the core features of blockchain is its immutability. Once data is recorded on the blockchain, it cannot be modified or deleted, providing a secure and tamper-proof record of transactions. This characteristic is particularly valuable in supply chain management, where maintaining an unalterable history of product movements and conditions is crucial. (*Enyejo et al.*, 2024)

Smart contracts are self-executing contracts with terms directly written into code. They automatically execute actions when predefined conditions are met, reducing the need for intermediaries and minimizing the risk of human error. In the context of supply chains, smart contracts can automate processes such as payment releases upon delivery confirmation, enhancing efficiency and trust among parties. (Enyejo et al., 2024)

Real-time tracking is another significant advantage of blockchain technology. By integrating Internet of Things (IoT) devices with blockchain, stakeholders can monitor the status and location of goods in transit in real-time. This capability allows for immediate responses to issues such as delays or spoilage, thereby reducing post-harvest losses and improving the overall efficiency of the supply chain. (Ramachandran, et al., 2018)

In summary, the fundamental components of blockchain—immutable ledgers, smart contracts, and realtime tracking—collectively enhance the transparency, security, and efficiency of supply chains. These features are particularly beneficial in sectors like agriculture, where managing perishable goods and ensuring timely delivery are critical to reducing post-harvest losses and improving financial sustainability (Akindote et al., 2024).

Benefits of Blockchain in Cold Chain Logistics (Transparency, Traceability, Accountability)

Blockchain technology offers significant advantages in cold chain logistics by enhancing transparency, traceability, and accountability throughout the supply chain. These benefits are particularly crucial in sectors dealing with perishable goods, where maintaining product integrity and quality is paramount. (Mendonça, et al., 2021) as represented in figure 1

Transparency is a fundamental benefit of blockchain in cold chain logistics. By recording every transaction and movement on an immutable ledger, all stakeholders from producers to consumers—can access real-time information about the product's journey. This openness fosters trust among participants and enables consumers to verify the authenticity and quality of the products they purchase. For instance, a study on the BioTrak platform demonstrated how blockchain can register and visualize the entire transformation and transportation process of food ingredients, ensuring transparency from raw material producers to end consumers.

Traceability is another critical advantage. Blockchain enables the tracking of products at each stage of the supply chain, providing a comprehensive history of the product's movement and handling. This capability is essential for identifying and addressing issues such as spoilage or contamination. For example, the BlockColdChain project applied blockchain to monitor vaccine cold chains, ensuring that vaccines are stored and transported within required temperature ranges, thereby maintaining their efficacy. (Spitalleri, et al., 2023)

Accountability is enhanced through blockchain's immutable records, which hold all parties responsible for their actions. In the event of a product recall or quality issue, the transparent and unalterable data provided by blockchain allows for swift identification of the source and cause, facilitating prompt corrective actions. This level of accountability is particularly vital in industries where product safety is critical, such as pharmaceuticals and food.

In summary, the integration of blockchain technology into cold chain logistics significantly improves transparency, traceability, and accountability. These enhancements lead to more efficient operations, higherquality products, and increased consumer confidence, all of which are essential for the success of modern supply chains dealing with perishable goods.

Figure 1 effectively demonstrates how blockchain technology enhances cold chain logistics by addressing key operational challenges through Transparency, Traceability, and Accountability. The Transparency branch emphasizes real-time data sharing, immutable records, and smart contract automation to ensure open access to logistics information. The Traceability branch highlights blockchain's role in tracking goods from origin to destination, with features like GPS tracking, QR codes, and batch-level identification. The Accountability branch illustrates how blockchain enforces responsibility by creating immutable records, automating alerts, and enabling auditable supply chain analytics. This structured approach ensures food safety, reduces waste, and enhances supply chain integrity in cold chain logistics.



Fig 1 Benefits of Blockchain in Cold Chain Logistics (Transparency, Traceability, Accountability)

Case Studies: Successful Implementation in Cold Chain Logistics

Blockchain technology has been successfully integrated into cold chain logistics, enhancing transparency, traceability, and accountability. One notable example is the BlockColdChain project, which focuses on vaccine distribution. Vaccines require strict temperature control throughout their journey from production to administration. The BlockColdChain system utilizes blockchain to monitor and record temperature data at each stage, ensuring that vaccines are stored and transported within the required temperature ranges. This approach provides an immutable record of the vaccine's journey, facilitating swift identification of any deviations and ensuring public health safety. (Mendonça, et al., 2021) as presented in table 1

Another significant application is the BioTrak platform, designed to enhance food supply chain logistics. Food products, especially perishables, demand meticulous

handling to maintain quality and safety. BioTrak employs blockchain to register and visualize the entire transformation and transportation process of food ingredients, from raw material producers to end consumers. By integrating Internet of Things (IoT) devices, the platform monitors conditions such as temperature and humidity in real-time, ensuring that all stakeholders have access to accurate and up-to-date information. This transparency not only boosts consumer confidence but also aids in compliance with food safety regulations (Enyejo et al., 2024).

These case studies demonstrate the practical benefits of blockchain in cold chain logistics, highlighting its capacity to provide secure, transparent, and real-time tracking of sensitive products. The successful implementation of such systems underscores the potential of blockchain to revolutionize supply chain management, particularly in sectors where product integrity is critical.

Case Study	Technology Used	Key Benefits	Challenges Overcome
Walmart & IBM	Blockchain for real-time	Improved traceability, reduced	Data integration across
Food Trust	tracking	food waste, faster recall	supply chain partners
		processes	
Maersk &	Blockchain-based digital	Enhanced transparency, reduced	Adoption resistance from
TradeLens	ledger for shipping logistics	paperwork, improved efficiency	traditional logistics
			companies
Modum & Swiss	IoT-enabled blockchain for	Ensured regulatory compliance,	Sensor reliability and
Post	pharmaceutical cold chain	real-time temperature monitoring	integration with existing
			systems
Alibaba's Food		Increased consumer trust, fraud	Scalability across diverse
Trust Framework	Blackchain ana AI for Supply	prevention, improved food safety	international markets
	Chain Verification		

Table	1 Case	e Studies:	Successful	Implemen	tation in	Cold	Chain	Logistics
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III. DECENTRALIZED INVENTORY SYSTEMS AND THEIR ROLE IN FOOD HUBS

Explanation of Decentralized Inventory Systems (DHT, Peer-to-Peer Networks)

Decentralized inventory systems leverage Distributed Hash Tables (DHTs) and peer-to-peer (P2P) networks to manage and store data across multiple, independent nodes without relying on a central authority. In such systems, each node can act as both a client and a server, sharing resources directly with other nodes, such as files, storage space, or processing power, thereby enhancing the system's resilience and scalability. (Hassanzadeh, et al., 2019)

A Distributed Hash Table (DHT) is a class of decentralized systems that provide efficient lookup and storage of key-value pairs across a P2P network. DHTs enable nodes to locate data without requiring a central directory, distributing the responsibility of data storage and retrieval among all participating nodes. This approach ensures that data remains accessible even if some nodes become unavailable, thereby enhancing the system's fault tolerance. (Ajayi et al., 2024)

In the context of decentralized inventory systems, DHTs facilitate the storage and retrieval of inventory data across a distributed network. Each inventory item can be assigned a unique identifier, and its details stored as a keyvalue pair within the DHT. When a node requires information about a specific item, it can query the DHT to locate the node holding the relevant data, ensuring efficient and reliable access to inventory information (Enyejo et al., 2024).

Peer-to-peer networks underpin the operation of DHTs by enabling direct communication between nodes. In a P2P network, peers share resources directly with each other, such as files, storage space, or processing power, making the network decentralized. This decentralized architecture eliminates the need for a central server, reducing the risk of single points of failure and enhancing the system's robustness. (Pakana, et al., 2023)

By integrating DHTs and P2P networks, decentralized inventory systems can achieve greater efficiency, fault tolerance, and scalability. This integration allows for real-time updates and access to inventory data, facilitating better decision-making and resource management in various applications, including supply chain management and distributed data storage. (Eguagie et al., 2024) ➢ Optimization of Storage, Distribution, and Waste Reduction

Decentralized inventory systems, particularly those utilizing blockchain technology, offer significant advancements in optimizing storage, distribution, and reducing waste within supply chains. By providing realtime visibility into inventory levels, these systems enable precise matching of supply with demand, thereby minimizing overstocking and understocking—two primary contributors to waste. This enhanced inventory management ensures that products are available when needed, reducing the likelihood of perishable goods expiring or surplus items becoming obsolete. (Marin, et al., 2021) as represented in figure 2

Blockchain's immutable ledger facilitates transparent and traceable transactions, allowing stakeholders to monitor the movement and status of goods throughout the supply chain. This transparency not only enhances accountability but also aids in identifying inefficiencies and bottlenecks in storage and distribution processes. By analyzing this data, companies can implement targeted strategies to streamline operations, such as optimizing storage layouts or adjusting distribution routes, leading to more efficient use of resources and reduced waste.

Furthermore, the integration of blockchain with Internet of Things (IoT) devices enables real-time monitoring of environmental conditions, such as temperature and humidity, during storage and transit. This capability is particularly crucial for perishable goods, as it ensures that products are stored and transported under optimal conditions, thereby extending shelf life and reducing spoilage. In the event of a deviation from set parameters, immediate alerts can be generated, allowing for prompt corrective actions to prevent potential waste. (Subramanian, et al., 2023)

In summary, decentralized inventory systems leveraging blockchain technology enhance storage and distribution efficiency and play a pivotal role in waste reduction. By providing real-time data, ensuring transparency, and enabling proactive management of environmental conditions, these systems contribute to more sustainable and cost-effective supply chain operations.



Fig 2 Optimization of Storage, Distribution, and Waste Reduction

Figure 2 visually represents how blockchain and digital solutions optimize storage, distribution, and waste reduction in supply chain management. Storage optimization includes real-time inventory tracking, ensuring accurate stock levels, and smart storage allocation, which optimizes warehouse space based on product demand. The distribution & waste reduction branch emphasizes efficient routing and delivery scheduling, minimizing transportation delays and fuel consumption, while predictive analytics for demand forecasting helps prevent overstocking and wastage. This approach enhances overall supply chain efficiency, sustainability, and cost-effectiveness in cold chain logistics.

Integration with Blockchain for Enhanced Data Sharing and Decision-Making

Integrating decentralized inventory systems with blockchain technology significantly enhances data sharing and decision-making processes within supply chains. Blockchain's immutable ledger and decentralized nature provide a secure and transparent framework for managing inventory data, facilitating seamless information exchange among stakeholders. This integration ensures that all parties have access to accurate and up-to-date information, thereby improving the reliability of data used for decisionmaking. (Longo, et al., 2022) as presented in table 2

The transparency offered by blockchain allows stakeholders to trace the provenance and movement of goods throughout the supply chain. This traceability is crucial for verifying the authenticity of products, ensuring compliance with standards, and enhancing trust among consumers and partners. By providing a clear and unalterable record of transactions, blockchain enables stakeholders to make informed decisions based on reliable data. (Ajayi et al., 2024) Moreover, the integration of blockchain with decentralized inventory systems supports real-time data processing, enabling organizations to respond promptly to emerging trends and challenges. This capability is particularly valuable in dynamic environments where timely decision-making is essential. By leveraging real-time data, organizations can optimize inventory levels, reduce waste, and enhance overall supply chain efficiency. (Marin, et al., 2021)

In summary, integrating decentralized inventory systems with blockchain technology enhances data sharing and decision-making by providing a secure, transparent, and real-time framework for managing inventory data. This integration fosters trust among stakeholders, improves data accuracy, and enables timely responses to supply chain dynamics, thereby contributing to more efficient and effective supply chain operations (Enyejo et al., 2024)

Aspect	Blockchain Integration	Key Benefits	Challenges
Supply Chain Transparency	Blockchain ledger for real-	Enhanced visibility, fraud	High implementation costs
	time tracking and	prevention, and improved	and interoperability issues
	verification	accountability	
Data Security & Privacy	Decentralized and	Protection against data	Regulatory compliance
	encrypted data sharing	breaches and unauthorized	complexities and scalability
		access	concerns
Smart Contracts for	Self-executing contracts for	Reduced human error,	Need for legal frameworks
Automation	automated decision-making	streamlined processes, and	and smart contract
		improved efficiency	vulnerabilities
AI & IoT Integration	AI-driven analytics and	Improved predictive	Complexity in integrating
	IoT-enabled data collection	insights, real-time decision-	diverse technologies and
	on blockchain	making, and operational	standardization issues
		efficiency	

Table 2 Integration with Blockchain for Enhanced Data Sharing and Decision-Making

IV. IMPACTS ON FINANCIAL SUSTAINABILITY AND FOOD SECURITY

Analysis of Financial Benefits for Small-Scale Farmers and Food Hubs

Blockchain-driven cold chain logistics and decentralized inventory systems can bring significant financial advantages for small-scale farmers and food hubs. The integration of blockchain technology allows for the tracking of perishable goods from farm to consumer, ensuring product integrity and reducing losses due to spoilage. By providing real-time data on inventory, temperature, and movement, blockchain systems enable farmers and food hubs to optimize their operations and reduce waste (Chinaka, M., 2016). This efficiency directly translates into financial savings, as the ability to track and control the logistics process minimizes the risk of lost or damaged goods, ensuring that products reach the market in optimal condition. (Ajayi et al., 2024)

Moreover, blockchain technology facilitates access to broader markets by increasing transparency and accountability within the supply chain. This can lead to better pricing for small-scale farmers, as buyers are assured of the quality and traceability of products (Agarwal et al., 2022). By establishing a decentralized network, farmers are empowered to engage with direct consumers or businesses, bypassing intermediaries and reducing transaction costs. This creates more value for small-scale farmers who often operate in fragmented and less-efficient supply chains.

Additionally, the use of decentralized inventory systems enhances the capacity of food hubs to manage stock levels effectively. By reducing inventory holding costs and enabling more precise distribution, food hubs can optimize storage space and reduce waste. This results in financial sustainability for both farmers and food hubs, as resources are used more efficiently and products reach the market at the right time, reducing the risk of excess inventory or spoilage. As a result, both small-scale farmers and food hubs stand to benefit financially from blockchain's ability to create a more efficient and transparent food system. (Akindote et al., 2024)

Reduction of Post-Harvest Losses and Improved Supply Chain Efficiency

The reduction of post-harvest losses is a critical challenge in food systems, particularly in regions with limited access to advanced infrastructure. Blockchain technology and decentralized inventory systems offer innovative solutions to address this issue, particularly within cold chain logistics. The ability to track and trace perishable goods in real time is a game changer for preventing spoilage and waste. Through immutable ledgers and smart contracts, blockchain enables transparency at every stage of the cold chain, from farm to consumer (Rejeb, Rejeb, & Simske, 2021). As represented in figure 3 Real-time data sharing empowers farmers, food hubs, and logistics providers to make informed decisions about the timing of distribution and storage, significantly reducing inefficiencies that typically lead to food loss.

Decentralized inventory systems further enhance these efforts by allowing peer-to-peer exchanges of information, ensuring that no single party has complete control over the supply chain data (Kamilaris & Prenafeta-Boldú, 2018). These systems foster greater accountability and enable all stakeholders to track inventory status and storage conditions across multiple locations. By optimizing storage capacities and providing better visibility of product movements, decentralized systems reduce bottlenecks, which often result in food spoilage due to overstocking or delayed deliveries. The integration of blockchain with decentralized networks can improve forecasting and planning, facilitating better demandsupply alignment and reducing food surplus or deficit scenarios.

In this way, blockchain and decentralized systems not only ensure the integrity and traceability of food products but also contribute to more efficient and sustainable supply chains. By cutting down on losses and enhancing operational efficiency, these technologies provide financial benefits to small-scale farmers and food hubs, while also supporting broader goals of food security and sustainability.



Fig 3 Reduction of Post-Harvest Losses and Improved Supply Chain Efficiency

Figure 2 presents a comprehensive breakdown of how blockchain technology and digital innovations can significantly reduce post-harvest losses while improving supply chain efficiency. The first branch, "Reduction of Post-Harvest Losses," focuses on smart monitoring, decentralized inventory management, and improved cold chain logistics to prevent food spoilage and storage inefficiencies. The second branch, "Improved Supply Chain Efficiency," highlights how blockchain-integrated traceability systems, AI-powered logistics, and decentralized supplier networks enhance transparency, optimize resource allocation, and eliminate unnecessary delays. Together, these solutions create a resilient and efficient food supply chain, ensuring minimal losses and greater economic sustainability for stakeholders across the agricultural value chain.

Strengthening Food Security through Improved Logistics and Reduced Waste

Food security is a major global challenge, with significant implications for human health and economic stability. Blockchain technology, with its ability to improve transparency and traceability within the food supply chain, plays a crucial role in strengthening food security. By enhancing logistics and reducing waste, blockchain addresses two key aspects of food security: ensuring access to sufficient, safe, and nutritious food, and minimizing the loss of resources throughout the supply chain.

One of the primary ways in which blockchain strengthens food security is by improving the efficiency of food distribution. Blockchain's immutable ledger and realtime tracking capabilities allow for better coordination between stakeholders, from farmers to retailers. This transparency ensures that perishable goods are handled properly and efficiently, minimizing the likelihood of spoilage or loss during transport (Xu et al., 2022). as presented in table 3 Furthermore, blockchain-based systems, such as decentralized inventory management, provide better demand forecasting, allowing for more efficient use of available food resources and reducing the waste that typically results from overstocking or late deliveries (Abeywardena & Mollah, 2020).

By tracking every stage of the food supply chain, blockchain also provides accountability, helping to identify inefficiencies and areas where waste occurs. The ability to trace food from farm to table allows for timely interventions when food quality is at risk, such as adjusting storage conditions or rerouting shipments to avoid spoilage. This reduces waste and ensures that more food reaches consumers in optimal condition, thus strengthening food security.

In conclusion, blockchain technology's integration into food logistics provides significant advantages in the areas of food distribution efficiency and waste reduction. These improvements not only enhance the resilience of food systems but also contribute to the broader goal of achieving sustainable and equitable food security globally.

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Aspect	Key Strategies	Benefits	Challenges		
Efficient Cold Chain	Real-time tracking,	Reduced spoilage, improved	High costs of technology		
Logistics	blockchain-based temperature	food quality, and extended shelf	adoption and infrastructure		
	monitoring, and IoT sensors	life	limitations in rural areas		
Decentralized	Blockchain-enabled inventory	Minimizes overstocking,	Need for interoperability		
Inventory	tracking and predictive	reduces food waste, and	and standardization across		
Management	analytics for demand	optimizes resource allocation	supply chains		
	forecasting				
Smart Contracts for	Automated transactions for	Enhances trust, reduces delays,	Regulatory uncertainties		
Supply Chain	supplier payments, compliance	and improves efficiency in food	and smart contract security		
Coordination	verification, and logistics	distribution	vulnerabilities		
	optimization				
Food Redistribution &	AI-driven surplus food	Supports food security	Logistical challenges in		
Waste Reduction	identification, automated	initiatives, reduces	redistribution and		
	redistribution systems, and	environmental impact, and	stakeholder collaboration		
	blockchain-based traceability	ensures equitable food	difficulties		
		distribution	1		

Table 3 Strengthening Food Security through Improved Logistics and Reduced Waste

V. CHALLENGES AND BARRIERS TO ADOPTION

Technological Adoption and Awareness among Stakeholders

The successful implementation of blockchain technology in cold chain logistics depends heavily on the technological adoption and awareness of all involved stakeholders. These stakeholders, which include farmers, food hubs, distributors, retailers, and consumers, must understand the potential benefits of blockchain technology in order to fully integrate it into their operations and decision-making processes. Awareness and education about blockchain's capabilities are critical for overcoming resistance and ensuring that all parties can derive value from its adoption (Yogarajan et al., 2023) as represented in figure 3

Technological adoption among stakeholders can vary significantly based on factors such as access to resources, technical expertise, and organizational priorities. In many cases, small-scale farmers and food hubs may face challenges in adopting new technologies due to limited access to financial resources or a lack of familiarity with digital systems. This gap in knowledge can hinder the successful integration of blockchain into food logistics and inventory systems, as it requires both technological infrastructure and skilled personnel to operate effectively (Saurabh & Dey, 2021). The lack of awareness about how blockchain can improve efficiency, reduce waste, and enhance food traceability may further delay its widespread adoption (Akindote et al., 2024).

To address these barriers, stakeholders must engage in continuous education and training programs to develop a deeper understanding of blockchain technology. These initiatives should focus on explaining the practical benefits of blockchain, such as improved transparency, traceability, and accountability in food supply chains. As stakeholders become more aware of these advantages, they are more likely to adopt blockchain solutions that enhance the overall efficiency and sustainability of food logistics, ultimately leading to improved food security outcomes (Tiamiyu et al., 2024).

Regulatory and Policy Complexities in Implementing Blockchain and Decentralized Systems

Implementing blockchain technology and decentralized systems in food supply chains presents significant regulatory and policy challenges. These complexities arise due to the decentralized nature of blockchain, which operates across borders and often outside traditional legal frameworks. One major challenge is the lack of clear, harmonized regulations that govern blockchain technology at both national and international levels. In many countries, existing laws do not adequately address the issues related to data privacy, intellectual property, or the legal recognition of blockchain transactions (Zohar & Shneor, 2021). As represent in figure 4 This regulatory uncertainty can create barriers for stakeholders in the agricultural and food sectors, including farmers, distributors, and food hubs, who are uncertain about their legal obligations when using blockchain. (*Tiamiyu et al.*,2024)

Another key challenge is the integration of blockchain technology with existing regulatory frameworks. In many regions, governments and regulatory bodies are still in the early stages of developing policies that can support the adoption of blockchain in industries such as food supply chains. These policies must address concerns related to security, traceability, and data integrity, as well as ensure that blockchain applications comply with data protection laws like the General Data Protection Regulation (GDPR) in Europe (Chen & Yu, 2020). As blockchain technology enables the transparent and immutable tracking of food products across the supply chain, it raises questions about data ownership and the right to access and use information in compliance with privacy laws.

To navigate these complexities, stakeholders must collaborate with regulators to establish frameworks that are conducive to blockchain adoption while ensuring compliance with national and international regulations. As the regulatory landscape evolves, it is crucial that stakeholders remain adaptable and engage in dialogue with policymakers to address these challenges effectively.



Fig 4 Regulatory and Policy Complexities in Implementing Blockchain and Decentralized Systems (Emmanuel 2018)

Figure 4 visually represents the Regulatory and Policy Complexities in Implementing Blockchain and Decentralized Systems. The top row illustrates a multinode blockchain network where transactions are validated across several distributed servers, symbolizing the decentralized nature of blockchain. Each green checkmark indicates successful validation, emphasizing the consensus mechanism that ensures data integrity and security. However, this decentralized model faces regulatory challenges, as depicted by the segmented and multicolored blocks in the lower row. These blocks represent fragmented regulatory frameworks and inconsistent policies across different jurisdictions, complicating the integration of decentralized systems. The arrows between the sections highlight the need for interoperability and standardization to ensure seamless operation across varied legal landscapes. The laptop with a green checkmark suggests that regulatory compliance is essential for operational approval, indicating the importance of aligning blockchain solutions with existing legal and policy requirements. This diagram underscores the need for cohesive regulatory frameworks to facilitate the adoption of blockchain technology in supply chains and beyond.

Infrastructure Limitations in Regional and Rural Markets

Implementing blockchain and decentralized systems in regional and rural markets is often hindered by significant infrastructure limitations. These limitations encompass both physical and digital infrastructure, which are critical for the successful deployment of advanced technologies in these areas. In many rural regions, access to reliable internet and stable electricity is a major constraint, impacting the ability to support the continuous connectivity required for decentralized systems (Kumar & Thakur, 2020). as presented in table 4 Without stable internet and power sources, the real-time tracking and data sharing enabled by blockchain cannot be effectively leveraged, which impedes the potential benefits of these technologies for food supply chains and local economies.

Moreover, the lack of robust physical infrastructure, such as warehouses, transportation networks, and cold chain facilities, further complicates the integration of blockchain in rural markets. Even though blockchain can enhance transparency and traceability within supply chains, its effectiveness is limited if the physical infrastructure cannot support the timely movement and storage of goods (Schäfer et ai., 2021). For instance, if cold storage facilities are insufficient or unreliable, perishables may deteriorate before blockchain-enabled tracking systems can ensure their safety and quality.

Additionally, the high costs associated with upgrading both digital and physical infrastructure in rural markets pose a significant barrier to adoption. While urban areas may benefit from economies of scale in technology adoption, rural regions often lack the financial resources needed to invest in the necessary infrastructure. Consequently, stakeholders in these markets may be reluctant to adopt decentralized systems, further exacerbating the digital divide between rural and urban areas (Kumar & Thakur, 2020). Overcoming these infrastructure limitations requires coordinated efforts between governments, the private sector, and international organizations to build sustainable, equitable infrastructure that can support the deployment of blockchain technologies.

Aspect	Challenges	Impact	Potential Solutions
Limited Internet &	Poor broadband	Hinders adoption of blockchain	Expansion of rural broadband,
Connectivity	infrastructure and lack of 5G	and IoT-enabled logistics,	satellite-based internet, and
	coverage	slowing down real-time data	government-private sector
		sharing	partnerships
Energy Constraints	Unreliable electricity supply	Leads to frequent disruptions in	Investment in renewable
	and high operational costs	temperature-sensitive logistics,	energy sources (solar, wind)
	for cold storage	increasing food spoilage	and energy-efficient storage
			technologies
High Costs of	Expensive installation and	Limits adoption by small-scale	Subsidies, financial
Technology	maintenance of blockchain	farmers and food distributors,	incentives, and cost-effective
Deployment	and IoT systems	widening the digital divide	modular blockchain solutions
Inadequate	Poor road infrastructure and	Increases delays in food	Infrastructure development,
Transportation	lack of cold chain	distribution, leading to post-	smart logistics planning, and
Networks	transportation	harvest losses and inefficiencies	decentralized inventory hubs

Table 4 Infrastructure Limitations in Regional and Rural Markets

VI. STRATEGIES TO OVERCOME BARRIERS

Technological Solutions (User-friendly Platforms, Cost-effective Tools)

To promote the adoption of blockchain technology and decentralized systems in regional food hubs and rural markets, technological solutions must prioritize userfriendly platforms and cost-effective tools. Many smallscale farmers and stakeholders in these regions are not familiar with advanced technologies, and their lack of technical expertise can hinder the effective use of complex systems. User-friendly blockchain platforms that offer intuitive interfaces and simplified processes are essential to bridge the knowledge gap and facilitate adoption (Kaur & Parashar, 2021). As represented in figure 3 These platforms must allow stakeholders to easily track goods, manage inventory, and ensure the integrity of the supply chain without requiring advanced technical skills. Moreover, user-friendly tools could reduce training costs and minimize errors in system usage, making the transition to blockchain more seamless. (Ijiga et al., 2024)

Equally important are cost-effective solutions that lower the barrier to entry for stakeholders in resourceconstrained environments. The implementation of blockchain often involves high upfront costs related to infrastructure and software development. Therefore, providing affordable blockchain solutions, such as opensource platforms or subscription-based models, is crucial for small-scale farmers and food hubs (Singh & Thakur, 2020). These cost-effective tools ensure that blockchain adoption is financially viable for even the most economically marginalized communities. Additionally, partnerships with local governments or development organizations can help subsidize the costs of these technologies and provide ongoing support for their integration.

Incorporating both user-friendly and cost-effective technological solutions is vital for enabling stakeholders in rural markets to participate in blockchain-driven supply chains. These solutions not only promote the adoption of decentralized systems but also empower small-scale farmers to enhance their operations, improve transparency, and access broader markets. (Okoh et al., 2024)

> Policy Recommendations for Regulatory Alignment

Effective regulatory alignment is essential for the successful implementation of blockchain technology and decentralized systems within regional food hubs and agricultural supply chains. Policymakers must address the unique challenges faced by small-scale farmers and rural stakeholders to ensure that blockchain solutions comply with national and international regulations while fostering innovation (Agi & Jha, 2022). As represented in figure 5 A comprehensive regulatory framework should be established to create clear guidelines for blockchain-based supply chain systems. These frameworks must account for issues such as data privacy, transparency, and interoperability with existing systems, ensuring that the technology adheres to relevant laws such as the General Data Protection Regulation (GDPR) or local data protection policies. This can promote trust among stakeholders and encourage wider adoption. (Igba et al., 2024)

In addition to regulatory frameworks, governments should also consider providing incentives for small-scale farmers and food hubs to adopt blockchain solutions. These incentives could include tax breaks, subsidies for technology adoption, or grants for infrastructure development. A supportive policy environment would reduce the financial burden on stakeholders, making the transition to blockchain-driven systems more feasible. Furthermore, policymakers should collaborate with international organizations to ensure that national regulations align with global standards for blockchain technology, fostering cross-border trade and minimizing regulatory discrepancies (igba et al.,2024) This alignment can prevent barriers to market access and facilitate smoother integration into global supply chains.

Ultimately, policy recommendations must focus on creating a balanced approach that protects stakeholders' interests while promoting the growth and adoption of blockchain technology. Regulatory alignment should be flexible enough to accommodate the evolving nature of blockchain systems, ensuring sustainable and inclusive growth in regional food hubs and agricultural markets.



Fig 5 Policy Recommendations for Regulatory Alignment

Figure 5 illustrates how policy recommendations for regulatory alignment can be structured into three key areas: Standardization & Compliance Frameworks, Government & Industry Collaboration, and Technological & Infrastructure Support. The first branch, Standardization & Compliance Frameworks, highlights the need for harmonized global standards, legal frameworks for smart contracts, and compliance with data security laws to ensure transparency and accountability in blockchaindriven cold chain logistics. The second branch, Government & Industry Collaboration, focuses on publicprivate partnerships, regulatory sandboxes, and capacitybuilding initiatives to facilitate regulatory adoption and encourage innovative supply chain solutions. The third branch. Technological & Infrastructure Support. digital emphasizes investment in infrastructure, interoperability of systems, and environmental regulations

to support long-term scalability and sustainability. By implementing these policy recommendations, regulators can create a cohesive and efficient framework that fosters technological innovation, ensures compliance, and enhances food security in decentralized logistics networks.

Capacity-Building and Training for Stakeholders

Capacity-building and training are critical to ensuring successful blockchain adoption among stakeholders in regional food hubs and agricultural supply chains. For small-scale farmers, food hub managers, and local government officials to fully embrace blockchain-driven solutions, they must first possess a foundational understanding of the technology and its potential benefits. Comprehensive training programs, therefore, become essential in equipping stakeholders with the knowledge required to navigate blockchain systems effectively (Chen & Wang, 2020). as presented in table 5 These training initiatives should focus not only on the technical aspects of blockchain, such as how to record transactions and ensure data integrity, but also on its strategic applications in improving supply chain transparency and reducing waste. (Igba et al., 2025)

Tailored training programs that account for the varying levels of technological literacy among stakeholders will facilitate smoother transitions and higher adoption rates. For instance, training modules for smallscale farmers should simplify blockchain concepts and highlight its practical benefits, such as enhancing traceability and securing transactions, while food hub managers may benefit from more advanced training on blockchain integration within broader supply chain management systems. Additionally, governments and non-governmental organizations (NGOs) can play a key role by funding these programs and ensuring that access to training is available to all stakeholders, particularly those in rural and underserved areas (Kramer et al., 2021).

Moreover, capacity-building should extend beyond initial training to include continuous learning opportunities, such as workshops, webinars, and peer-topeer knowledge-sharing platforms. This ongoing education ensures that stakeholders remain updated on technological advancements and best practices, ultimately fostering a culture of innovation and collaboration within regional food systems (Ijiga et al., 2025).

Aspect	Challenges	Impact	Potential Solutions
Lack of Technical	Limited expertise in	Slows adoption and	Tailored training programs, online
Knowledge	blockchain, IoT, and digital	efficient utilization of	courses, and hands-on workshops
	logistics among stakeholders	decentralized systems	for farmers, distributors, and
			regulators
Resistance to	Traditional supply chain	Delayed integration of	Awareness campaigns, case studies
Change	stakeholders hesitant to	blockchain-driven	showcasing successful
	adopt new technologies	solutions and reluctance to	implementation, and incentives for
		shift from legacy systems	early adopters
Limited Access to	Rural and small-scale	Knowledge gap widens,	Development of localized training
Training Resources	stakeholders often lack	preventing inclusive	hubs, partnerships with
	access to educational	adoption of blockchain-	universities, and use of mobile-
	materials and skilled trainers	based logistics	based learning platforms
Regulatory &	Stakeholders unfamiliar with	Risk of non-compliance,	Policy training sessions, regulatory
Compliance	blockchain regulations and	legal challenges, and	workshops, and collaboration with
Knowledge Gaps	compliance standards	inefficiencies in	legal experts to ensure adherence to
		implementation	evolving standards

Table 5 Capacity-Building and Training for Stakeholders

VII. CONCLUSION AND FUTURE DIRECTIONS

Summary of Key Findings and their Implications

The findings of this study highlight the transformative potential of blockchain-driven cold chain logistics and decentralized inventory systems in addressing key challenges within regional food hubs. One of the major findings is the significant impact of blockchain technology in enhancing transparency and traceability across the cold chain. By providing an immutable ledger and real-time tracking capabilities, blockchain ensures the integrity of perishable goods, thereby reducing spoilage and waste. This increase in supply chain transparency has profound implications for improving the overall efficiency of food distribution systems, particularly in regions with limited infrastructure.

Another critical finding is the positive influence of decentralized inventory systems on reducing post-harvest losses. These systems, by providing real-time access to inventory data and enabling data-driven decision-making, allow food hubs to optimize their storage and distribution processes. This not only contributes to reducing waste but also enhances the financial sustainability of small-scale farmers who rely on timely access to markets. The integration of blockchain with these systems allows for better coordination between farmers, food hubs, and distributors, ensuring that food reaches consumers in optimal condition.

The study also underscores the potential for blockchain to strengthen food security by reducing waste and improving the efficiency of logistics. By making the flow of food from farm to consumer more predictable and secure, blockchain-driven systems can mitigate the risks of food scarcity in underserved areas. This finding is particularly important for stakeholders in developing regions, where logistical inefficiencies and infrastructural limitations often exacerbate food insecurity.

The implications of these findings are wide-reaching. Policymakers, agricultural stakeholders, and supply chain managers can leverage the insights to implement more sustainable and efficient systems, benefiting not only small-scale farmers but also consumers. Furthermore, the study calls attention to the need for continuous technological training and capacity-building to ensure successful adoption of these innovative systems across all levels of the food supply chain.

Proposed Future Research Areas (e.g., AI Integration, IoT-Enabled Blockchain Systems)

As blockchain technology continues to reshape cold chain logistics and decentralized inventory systems, several promising areas for future research emerge, particularly in the integration of Artificial Intelligence (AI) and the Internet of Things (IoT) with blockchain systems. One crucial avenue for further exploration is the use of AI to optimize decision-making in supply chain management. AI algorithms can enhance predictive analytics, identifying patterns in consumer demand, environmental conditions, and supply chain disruptions, which could further improve inventory management and reduce waste. The integration of AI could also streamline automation in the cold chain process, minimizing human error and increasing efficiency, especially in regions where skilled labor is limited.

Another exciting research opportunity lies in the development of IoT-enabled blockchain systems. IoT sensors can be embedded in storage facilities and transportation units to monitor the conditions of perishable goods in real time, providing critical data to blockchain systems. This integration would allow for more accurate tracking and monitoring of temperature, humidity, and other environmental factors that influence food quality. Combining IoT and blockchain could create more robust systems for real-time visibility and traceability, which would further enhance the transparency and accountability of food logistics.

Furthermore, research can explore how these technologies can be applied to address the challenges specific to regional and rural markets, where infrastructure is often limited. Investigating the scalability of AI, IoT, and blockchain solutions in these areas could lead to the development of low-cost, adaptable solutions that meet the unique needs of small-scale farmers and food hubs in underserved regions.

The integration of these advanced technologies into cold chain logistics and inventory systems presents a transformative opportunity to improve food security, reduce post-harvest losses, and promote financial sustainability. Continued research into these areas will be crucial for the widespread adoption and optimization of blockchain solutions, paving the way for more efficient, sustainable, and resilient food systems worldwide.

The Potential Role of Blockchain in Achieving Sustainable Food Systems Globally

Blockchain technology has the potential to play a transformative role in achieving sustainable food systems worldwide, particularly by enhancing transparency, traceability, and efficiency within global food supply chains. The key to sustainability in food systems lies in improving resource management, minimizing waste, ensuring fair practices, and addressing environmental impacts, all of which can be substantially supported through blockchain integration.

One of the most significant contributions of blockchain to sustainable food systems is its ability to provide immutable, transparent records that can track food products from farm to table. This traceability ensures that the conditions under which food is grown, stored, and transported are clear, promoting accountability across the supply chain. As a result, food systems can become more resilient to fraud, reducing inefficiencies and ensuring that sustainable practices are being followed. For example, blockchain can verify that food products are sourced from farms that adhere to eco-friendly practices, such as reduced pesticide use or responsible water management.

Additionally, blockchain's role in minimizing food waste cannot be overstated. By offering real-time visibility into supply chain dynamics, blockchain can improve demand forecasting and inventory management, leading to more precise handling of perishable goods. This enhanced monitoring ensures that products are utilized before they expire, reducing waste in the supply chain and improving financial sustainability for food hubs. It also enables better coordination between producers, distributors, and consumers to ensure food is efficiently distributed to the most appropriate markets.

In terms of sustainability, blockchain can also address social issues by promoting fair trade practices. The transparency it offers can ensure that farmers and producers are fairly compensated for their work, especially in developing regions. Through the integration of decentralized systems, small-scale farmers in underserved areas can access more equitable opportunities, fostering both environmental and social sustainability.

Ultimately, blockchain technology has the potential to contribute to more resilient, efficient, and equitable food systems globally, aligning with the objectives of environmental sustainability and economic equity.

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